



Welcome to



Lagoon Spa

WELLNESS CENTER

Lagoon Spa Wellness Center provides premium therapeutic massage services focusing on pain relief and improving quality of life. Our massages are focused on addressing specific body issues. Our saunas and jacuzzi treatments also help reduce inflammation, improve blood circulation and increase detoxification.

OUR TREATMENTS

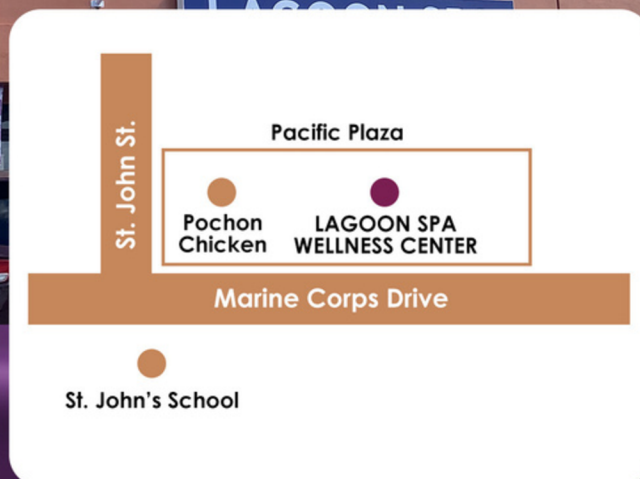
Combo Packages

Body Scrub	\$80
Table Shower	\$100
Massage 1 hour + Sauna 30 min	\$120
Massage 1 hour, Sauna 30 min Jacuzzi 30 min	\$170
Massage 90 min, Sauna 30 min Jacuzzi 30 min	\$205
Massage 1 hour, Jacuzzi 30 min Table Shower	\$220
Massage 1 hour, Sauna 30 min Jacuzzi 30 min, Body Scrub	\$250
Massage 90 min, Sauna 30 min Jacuzzi 30 min, Body Scrub	\$285

Location

We are located in Upper Tumon on Marine Corps Drive, across from St. John's school.

Pacific Plaza
845 N. Marine Corps Drive, 2nd Fl., Suite 10
Tamuning, Guam 96913



Our massage therapist, Gina Nehring, has over **20 years of experience in massage therapy** and has trained with healers and doctors in the Chinese tradition, across of a variety of massage disciplines.



BUSINESS HOURS: Daily 10am - 12midnight

671-727-7666



Therapy Massage / Body Treatments

MASSAGE FOR TARGET AREAS & SPECIFIC BODY ISSUES

\$70 for 1 hour *(comes with medicinal oil)*

\$40 for 30 min *(comes with medicinal oil)*

Value pricing available:

- 20% discount for members
- 30% discount for couples
- For singles, complete 10 treatments, and enjoy a 30% discount on your next treatments (within the same calendar year)

Massage can provide relief for people who suffer from chronic pain either due to injury or a long term illness. It helps to break down the cycle of pain. It improves the blood circulation, reduces tight muscles and corrects biomechanics. Massage helps to speed up the recovery process by assisting the body's self-healing process so that damaged tissues can heal and inflammation can be reduced.



Head Massage

\$70 for 1 hour *(comes with medicinal oil)*

\$40 for 30 min *(comes with medicinal oil)*



Neck Massage

\$70 for 1 hour *(comes with medicinal oil)*

\$40 for 30 min *(comes with medicinal oil)*



Shoulder Massage

\$70 for 1 hour *(comes with medicinal oil)*

\$40 for 30 min *(comes with medicinal oil)*



Arm Massage

\$70 for 1 hour *(comes with medicinal oil)*

\$40 for 30 min *(comes with medicinal oil)*



Elbow Massage

\$70 for 1 hour *(comes with medicinal oil)*

\$40 for 30 min *(comes with medicinal oil)*



Wrist Massage

\$70 for 1 hour *(comes with medicinal oil)*

\$40 for 30 min *(comes with medicinal oil)*



Finger Massage

\$70 for 1 hour *(comes with medicinal oil)*

\$40 for 30 min *(comes with medicinal oil)*



Stomach Massage

\$70 for 1 hour *(comes with medicinal oil)*

\$40 for 30 min *(comes with medicinal oil)*



Lower Back Massage

\$70 for 1 hour *(comes with medicinal oil)*

\$40 for 30 min *(comes with medicinal oil)*



Massage for Slipped Disc (Herniated Disc)

\$70 for 1 hour *(comes with medicinal oil)*

\$40 for 30 min *(comes with medicinal oil)*



Leg Massage

\$70 for 1 hour *(comes with medicinal oil)*

\$40 for 30 min *(comes with medicinal oil)*



Massage for Knee Pain

\$70 for 1 hour *(comes with medicinal oil)*

\$40 for 30 min *(comes with medicinal oil)*



Massage for Sprained Ankles

\$70 for 1 hour *(comes with medicinal oil)*

\$40 for 30 min *(comes with medicinal oil)*



Massage for Foot Pain

\$70 for 1 hour *(comes with medicinal oil)*

\$40 for 30 min *(comes with medicinal oil)*